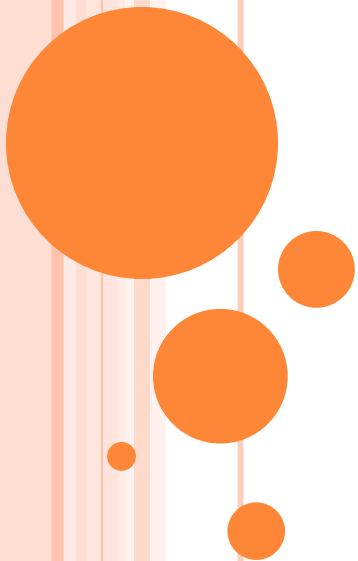


# **PERSONALITY DEVELOPMENT**

**Dr. Abhimanyu R. Dhormare**  
**Dept. of Psychology,**  
**Babuji Avhad Mahavidyalaya, Pathardi**



## ○ **Personality**

It is the totality of the person and not merely external looks, but character, behavioural traits and attitude towards life.

## ○ **Personality Development**

Is the improvement of behavioural traits such as communication skills, interpersonal relationships, attitude towards life and restoring our ethics.



# KNOW YOUR PERSONALITY

## Character Traits

- Integrity
- Acceptance
- Discipline
- Dedication
- Self-awareness

## Behavioural Traits

- Interpersonal Skills
- Communication Skills
- Emotional Mgt.
- Leadership Qualities
- Stress & Time Mgt.

## •Attitudinal Change

- Positive Attitude
- Win-win Situation
- Keep the End in Mind
- Synergise



# **Types Personality**

- ❖ Perfectionists
  - ❖ Helpers
- ❖ Romantics
- ❖ Achievers
- ❖ Asserters
- ❖ Questioners
- ❖ Adventurers
- ❖ Observers
- ❖ Peacemakers

